



# "TOGETHER WE CAN"

The Clean-Sheet & Newsletter of The WSW Area of Greater Philadelphia Region of Narcotics Anonymous  
**September 15, 2012 – October 20, 2012**

DISCLAIMER: "Together We Can" Clean-Sheet/Newsletter represents the experiences and opinions of individual members of NA. The opinions expressed are not attributed to NA as a whole nor does the publication of any article imply an endorsement by NA or the West/Southwest Area.

*"From the first time we find hope, we are in an ongoing process of spiritual awakening that can last our whole lives, if we are willing."  
 Living Clean, The Journey Continues*

09/01/98	Lee G	On The Right Track	14 years
09/02/11	Ray	On The Right Track	1 year
09/18/07	Jerome W.	Surrender Around The Way	5 years
09/16/09	Eunid D.	Learning To Recover	3 years
09/19/11	Roderick S.	Steps Are The Solution	1 year
09/22/02	Sonya	On The Right Track	10 years
09/25/98	Jeff S	On The Right Track	14 years
09/28/86	Duwan	11 <sup>th</sup> Step and Then Some	26 years
09/28/09	Travelon M.	On The Right Track	3 years

## OCTOBER 2012

10/02/11	Richard J.	On The Right Track	1 year
10/03/87	John B.	38 <sup>th</sup> & Chestnut Street Group	25 years
10/06/88	Von T.	On The Right Track	24 years
10/07/89	Kurt	Message of Hope	23 years
10/08/96	Foster	Serenity on 63 <sup>rd</sup> Street	16 years
10/12/11	Rahim W.	Miracle on 34 <sup>th</sup> Street	1 year
10/16/07	Vance B.	Shopping for Recovery	5 years
10/16/01	Cecil E.	Shopping for Recovery	11 years
10/16/06	Shakinah H.	Recovery on Belmont	6 years
10/17/06	Kali R.	Miracle on 34 <sup>th</sup> Street	6 years
10/18/11	Harriet	Message of Hope	1 year
10/19/97	Lynda T.	Shopping for Recovery	15 years
10/20/93	Bro. James	On The Right Track	19 years
10/29/11	Jeanette	On The Right Track	1 year
10/30/07	Paul	Sunday Night Alive	5 years
10/30/10	Angie	Sunday Night Alive	2 years
10/31/07	Linwood	Serenity on 63 <sup>rd</sup> Street	5 years

### The NA Message

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. The message is hope and the promise of freedom.

### The Promise

Narcotics Anonymous offers only one promise... Freedom from active addiction.

**Congratulations & Happy Anniversary to everyone celebrating a clean date in The WSW Area of Narcotics Anonymous!**

**We are all recovering one day at a time. Together...we have **96,725 Days** ...and counting.**

**Be sure to give your GSR your clean time information so we may celebrate with you.**

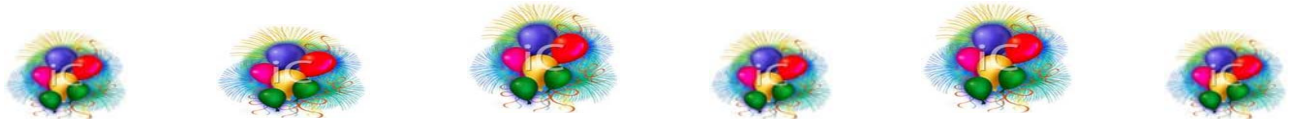
**All information should be submitted by the 10<sup>th</sup> of each month.**

"Together We Can" Clean-Sheet / Newsletter is published monthly. Electronic copies are available upon request. Send an e/mail to: Theresa T., Clean/Sheet Representative at [ttovercomer@verizon.net](mailto:ttovercomer@verizon.net) or call 267-304-3253



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2012 Happy Anniversary to our WSW Area Home-Group(s):

Message of Hope Group of NA	09/22/91	21 years
<b>Greater Philadelphia Region of NA</b>	<b>10/01/69</b>	<b>43 years</b>
Recovery on Girard Group of NA	10/01/89	23 years
Learning To Recover Group of NA	10/01/91	21 years
What Can I Do? Group of NA	10/01/92	20 years
By the Grace of God We Live Group of NA	11/27/1994 - 11/27/2011	This group folded after 18 years
No More Misery Group of NA	12/01/86	26 years
The Gift Of Surrender Group of NA	12/01/92	20 years
Freedom With No Limits Group of NA	12/01/10	2 years



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• Dear NA Family:

Congratulations and Happy Anniversary to all of our members celebrating their Anniversaries during the of October, and a special "SHOUT-OUT" to our Home-Group(s) who also celebrate this month.

You should have noticed by now that our Clean-Sheet/Newsletter has a new name "**Together We Can**". The name was submitted by Serenity On 63<sup>rd</sup> Street, and was warmly received and accepted by the WSW Area Service Body. Our new name surely depicts the unity we share in the WSW Area.

WSW Area GSR's: Please submit your home-group member's Anniversary dates and/or your home-group's special events, and please **be sure to provide accurate information**. Feel free to call me if you don't hear from me by the 10<sup>th</sup> of each month. Our next clean-sheet will feature the anniversaries of WSW Area members for the period covering **November 1, 2012 through November 17, 2012**.

**This month we are featuring two (2) home-groups in the section "History of WSW Area's Home-Groups" and they are: "Freedom With No Limits Group of NA, and Recovery In The Park Group of NA. Your participation in this work is greatly appreciated; and the "Together We Can" Clean-Sheet/Newsletter would like to continue compiling the histories of all of our home-groups in the Area. A new group will be featured each month. Wouldn't it be nice to see your home-group displayed in the newsletter, especially if you have a Group Anniversary coming up? So, please submit an electronic copy of your home-group's history. Our next month's featured Home-Group could be yours. Submit to Theresa T. by phone or e-mail.**

**As we prepare to approach the holidays, we are looking for something fun to do, perhaps another Clean-Sheet Give-Away. Feel free to send your suggestions by e-mail ([ttovercomer@verizon.net](mailto:ttovercomer@verizon.net)) by or before 10/10/12. So stay tuned and let's see what we come up with.**

Don't forget to ask your GSR for a copy of the most current Clean/Sheet Newsletter. Current issues are available immediately following the monthly ASM meeting. To receive a copy via e-mail, submit a request to: [ttovercomer@verizon.net](mailto:ttovercomer@verizon.net).

Humbly Submitted  
 Theresa T.,  
 "Together We Can"  
 Clean-Sheet/Newsletter Representative



# "TOGETHER WE CAN"

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## West South West Area Service Committee

We meet on the 3<sup>rd</sup> Saturday  
of each month at 1:00 P.M.

The West Southwest Area Service Meeting is where our business is conducted on the 3<sup>rd</sup> Saturday of each month. You are welcome to join us. Get into service for your Home-Group and for the Fellowship of Narcotics Anonymous.

**Our next Area Service Committee Meeting will be held on  
Saturday, October 20, 2012**

At Wayland Memorial Baptist Church  
Corner – 52<sup>nd</sup> & Baltimore Avenue  
Philadelphia, PA 19143

Our mailing address is:  
West Southwest Area Service Committee  
5311 Florence Ave./P.O. Box 5428  
Philadelphia, PA 19143

Our e-mail address is:  
[westsouthwestarea@yahoo.com](mailto:westsouthwestarea@yahoo.com)

NEW MEETING & GROUP IN WSW AREA



## “Be The Change... YOU Want to Become Group”

We meet every **Wednesday**  
From **6:00 p.m.**  
To  
**7:30 p.m.**

at  
**Transfiguration Baptist Church**  
**3737 Fairmount Avenue**  
**Philadelphia, PA**

**A Brand New Meeting!**

## All are Welcome!



NEW MEETING IN WSW AREA

## •How It Works ~ Step Meeting

Starting on  
Monday, July 23, 2012  
At

**Lee Recreation Center ~ 4328 Haverford Avenue ~ Philadelphia, PA**

**Recovery Meeting from 6:15 p.m. to 7:30 p.m.**

**\*\*Please do not enter the BUILDING before 6:10 pm**  
Writing, Reading, and Meditation invited!

**Due to Steps format, this is a Closed Meeting for addicts only.**

**If you think you have a problem ...Please Stay**

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## Message of Hope Group of NA 21<sup>st</sup> Year Anniversary "How Grateful Are You?"



Saturday, September 22, 2012  
12:00 p.m. to 9:00 p.m.

Belmont Rehab/Silberman Auditorium  
Ford & Monument Road Philadelphia, PA

All Are Welcome

Food, Fun & Fellowship!



## Recovery In The Park Group of NA 28<sup>th</sup> Year Anniversary *A Spiritual Journey*



Come Celebrate With Us!

Thursday, October 4, 2012

St. Barnabas Church  
54<sup>th</sup> & Lebanon Avenue  
Philadelphia, PA

Doors open at 6:30 p.m.

Meeting starts @7:00 p.m.

**HOPE TO SEE YOU THERE!!!**



## Regional Public Relations Learning Day/Marathon

The Philadelphia Regional Public  
Relations Subcommittee is hosting  
a Learning Day Marathon

on

September 29<sup>th</sup>, 2012

Llanerch Hills Chapel

1216 Mrytlewood Ave.

Drexel Hill, Pa

Time: From 12:00 p.m. to 6:00 p.m.

A Phone-Line Orientation will also be  
held, contact Debbie at 484-995-7415  
for more information.

The GSR Workshop will be held October 13, 2012 at 63<sup>rd</sup>  
and Cedar Avenue. **ALL GSR'S ARE ENCOURAGED TO  
ATTEND.**

\*\*\*\*\*

Unity Subcommittee will host a Costume  
Speaker Jam & Dance to be hosted on  
October 27, 2012 from 12 noon to 12  
Midnight at 63<sup>rd</sup> and Cedar Avenue. More  
information will follow.



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**Steps are The Solution  
Group of NA  
Has a new meeting place!**

**Kingsessing Recreation Center 50<sup>th</sup>  
& Kingsessing Avenue**

**We meet every  
Wednesday at 7:00 p.m**

**All are Welcome!**



Effective Immediately  
**What Can I Do?  
Group of NA  
HAS MOVED!!**

**From 59<sup>th</sup> & Spruce Streets**

**To: 331 South 60<sup>th</sup> Street  
Entrance on Pine Street**

**We meet Monday through Friday  
10:00 a.m. to 12:00 Noon ~ All are Welcome!**



**MEETING TIME CHANGE  
Effective  
Sunday, September 2, 2012**

**Message of Hope Group of NA**

**Our meeting time will be from  
7:00 p.m. to 8:30 p.m.**

**We meet at:  
Belmont Rehab  
Ford & Monument Road  
Philadelphia, PA**

**Thanks for your continued support**

**All are welcome!**



**Spread The Word**

**Miracle on 34<sup>th</sup> Street Group of NA  
3512 Haverford Avenue  
West Philadelphia Community Center**

**We meet every Monday  
From 6:30 p.m. to 8:00 p.m.**

**We are still in need of support in  
carrying the message to recovering  
addicts in the Mantua Section of  
Philadelphia.**

**All are welcome**



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## **Recovery in the Park Group of NA Is in need of YOUR Support!**

We meet every Thursday  
From 7:00 p.m. until 8:30 p.m.  
at

St. Barbara's Church  
54<sup>th</sup> and Lebanon Avenue  
Philadelphia, PA

**Our group has been in existence for  
over 28 years. You can only keep  
what you have by giving it away!**

## **The Serenity Group of NA**

St. Charles Borromeo Church  
3422 Dennison Avenue  
Drexel Hill, PA

We meet every Tuesday  
at 7:30 p.m.

Come out and see our new home.

There is plenty of street parking.  
We need your support!



## **• West South West Area Phone-Line Committee**

**We meet the 1<sup>st</sup> Monday of each  
Month At: Mill Creek Recreation Center  
48 Brown Street, Philadelphia, PA  
6:30PM**

**&**

**3<sup>rd</sup> Saturday of each month  
Before the WSW Area Meeting  
10 AM -12 PM**

**Charles S.  
West South West Phone Line Chair  
267-235-2213**

**We need support from WSW Area**



**• West South-West Area  
Public Relations Sub-Committee  
Is looking for support from the WSW  
Area. This is a great way of  
getting into Service.**

**We meet the 3<sup>rd</sup> Saturday  
of each month from  
10:00 a.m. until 12:00 p.m. at Wayland  
Memorial Baptist Church-Basement  
52<sup>nd</sup> and Baltimore Avenue**

**For more information contact:  
Tyrone  
WSW Area Public Relations Chair**



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WCNA-35  
35<sup>TH</sup> World Convention of NA  
August 29<sup>th</sup> to September 1<sup>st</sup>, 2013  
Pennsylvania Convention Center  
Philadelphia, Pennsylvania  
"The Journey Continues"  
There are **369** days to go!  
60<sup>th</sup> Year Celebration of Narcotics Anonymous

Our World Convention comes to Philadelphia in 2013

For the first time, the World Convention of Narcotics Anonymous will be holding this amazing recovery event in the Greater Philadelphia Region. In 2013, the WCNA will be held at the Pennsylvania Convention Center in Philadelphia Pennsylvania. Hope to see you there!

As we celebrate 60 years of recovery (our diamond anniversary) at this world convention in Philadelphia, we will certainly be living the theme, "The Journey Continues." Early registration packages will be available in late 2012. We will notify you prior to the actual sale date, or visit [www.na.org/wcna](http://www.na.org/wcna) for updates.

Get ready to get in service Philadelphia. The WCNA will need Greater Philadelphia Region Areas and members to get in service. Stay tuned for volunteers information.

Regional Service Office  
7215A Rising Sun Avenue, 1st Floor, Philadelphia, PA 19111  
Phone: (215)745-9494 Fax: (215)745-9495 e-mail: [rso@naworks.org](mailto:rso@naworks.org)  
For website issues: [webmaster@naworks.org](mailto:webmaster@naworks.org)

Even when we face challenges or disagreements, we know we still stand on common ground. We share a love for NA, a vision for NA service, and a desire to carry the message to the addict who still suffers.

Narcotics Anonymous world conventions provide members with a chance to **celebrate recovery** with one another in a unique way. A broad range of topics are covered in workshops; main meetings highlight our unity and diversity; and the first-class entertainment at comedy shows, concerts, coffee-houses, dances, and so much more demonstrate the wide range of joys we experience living clean. The convention itself lasts just four short days. The planning process for each world convention spans as many as seven years, but the memories created will last a lifetime. **It's not too early to start planning for Philadelphia!** Visit [www.na.org/wcna](http://www.na.org/wcna) for more information as it becomes available.





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(Due by) Wednesday, October 31, 2012

## WCNA XXXV SERVICE VOLUNTEERS

Host: NA World Service  
Facility: Philadelphia Convention Center  
Address: (Center City) Philadelphia, PA  
Email: [worldboard@na.org](mailto:worldboard@na.org)  
Information: Any NA members that would like to be in service at the World Convention being held in Philadelphia, Aug 29 – Sept 1, 2013, should submit their name, contact information and service experience, by email to the address listed above and by the date listed above.

Below is clarification on an e-mail that was circulated regarding the above subject.

Hi everyone,

WCNA is now soliciting volunteers for the work group that will help coordinate the World Convention. General volunteers (and many will be needed) can sign up at a later date.

That announcement from World Services is regarding members that want to serve on a workgroup for the World Convention. That is why your service experience was asked for. Several years ago the process changed as it relates to support of the convention by a Host or Support committee that was chosen by the RSC of the region where the convention happened to be held. We now utilize a workgroup that is selected by the World Board to help minimize confusion around responsibility and delegation of tasks. That is totally separate from being a general volunteer at the convention. There will be several ways to sign up to be a volunteer that will be publicized in the coming months. There will be a website established by World Services that members can access and sign up indicating what days and times they can help out. We will need volunteers in 3 main areas- registration, merchandise and convention information. Also usually during the convention members walk up and volunteer to help, so there will be plenty of opportunities. The workgroup selected by World Services will consist of around 13 members. It will be a diverse group made of up members from surrounding NA communities as well as this community. They will need to meet regularly and will be responsible for coordinating and facilitating the volunteers who have signed up. That is why a deadline was specified so this group can be formed. I hope this was helpful. Please help everyone have awareness of this process and know that there will be plenty of opportunity for all of us to serve and help make this a truly memorable convention!!

Love, Craig R.

## NA World Unity Day

1 September 2012

Unity is a practice of love.

### *Living Clean: The Journey Continues* Chapter Seven—"The Journey Continues"

Inspired by our primary purpose, we will join together to reflect on our worldwide fellowship and the addict who still suffers. You may have an event, join together with friends, or just take a moment to yourself as NA members around the world share the Serenity Prayer on this day of unity. No telephone link, no big event—just a moment and a prayer. If a 3:00 am gathering isn't practical for you, at some point on 1 September (hopefully in a meeting), feel the love of NA unity with a moment of silence, a prayer, a sharing of NA energy—inspired by our primary purpose.

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## Upcoming Conventions in Other Areas and Regions of NA

### 2-November-2012 - 4-November-2012

NE New Jersey Area Convention 17  
Hosting Service Body: NE New Jersey Area  
Box 409; Roselle NJ 07203  
Renaissance Woodbridge Hotel  
515 US Highway 1 South, Iselin, NJ  
800.468.3571

### November 3<sup>rd</sup> through November 5<sup>th</sup>, 2012

Delhi Area Convention of NA  
One Promise Many Gifts  
Kempty Stand Mussoorie, Uttaranchal, India  
[www.dacan10@gmail.com](mailto:www.dacan10@gmail.com) For more information  
contact:  
Chair: Dharamvir D. (09910370010)

### 16-November-2012 - 18-November-2012

Eastern New York Regional Convention  
Hosting Service Body: Eastern NY  
LI Marriot Hotel Uniondale  
101 James Doolittle Boulevard,  
Uniondale, NY



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## Show Me How To Live

In the quiet of the morning,  
I listen for Your Voice.  
I pray that You will guide me,  
with each and every choice.

Through the silence  
comes the sweet sounds,  
of the blue birds as they play.  
They sing a song of praise,  
as if to thank You for the day.

As I look out of the window,  
at the flowers, and the trees.  
I'm humbled by their beauty,  
as they dance upon the breeze.

All of nature seems to honor You,  
reflecting Your Sweet Grace.  
The closest I will ever come,  
to looking at Your Face.

I hope, I too reflect Your Love,  
in everything I do.  
That how I choose to live my life,  
will somehow honor You.

On the times that I fall short Lord,  
please have mercy, and forgive.  
Take my will and life today,  
God show me how to live.

Thank You Father  
Love always, Your son Peter

## Another Joyful Year

Thank You Father for another Joyful year.  
It's sure nice to be happy, and not full of all  
that fear.

When I think back on the early years, and how  
this whole thing started, I remember being  
racked with fear, alone, and broken hearted.

I didn't think I had a chance to change my evil  
ways. My life was full of sleepless nights, and  
painful, hopeless days.

Nothing seemed to take away the fear of being  
lost. I paid addictions awful price, no matter  
what the cost.

The good in me had been destroyed, except the  
slightest trace. I had no faith I could survive,  
the problems I would face

The only thing I knew to do was beg You for a  
day. In my wildest dreams I never thought  
that I would be okay.

No one could have told me then, or caused me  
to believe, the future that You planned, and all  
the blessings I'd receive.

The children, and grandchildren, the Peace,  
and Inner Joy, The very things I prayed for,  
when I was just a boy.

So thank You once again Lord for always  
helping me. Your Precious Love, and  
Kindness has truly set me free.

Thank You Father  
Love always Your son Peter



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**The West Southwest Policy Subcommittee Needs Your Support!**  
Do you want to help make a difference by supporting your area in forming area service Policy? Our Subcommittee meets twice (2) a month on the following dates and locations:

1<sup>st</sup> Monday of each month at 6:30 p.m.  
48<sup>th</sup> & Brown (Millcreek Recreation Center)

3<sup>rd</sup> Saturday of each month at 10:00 a.m.  
52<sup>nd</sup> & Baltimore Avenue at  
Wayland Memorial B.C.  
(Before the 1:00 ASC Meeting)

**ALL GROUPS IN THE WEST/SOUTHWEST AREA ARE ASKED TO PLEASE SEND REPRESENTATIVES. HELP TO BE A PART OF THE SOLUTION BY PARTICIPATING !!**

## Greater Philadelphia REGIONAL Phoneline Subcommittee

### Thinking of Getting into Service?

Here's your chance!  
Our Regional Phone-Line  
Sub-Committee is in dire  
Need of your support. This is a great way  
to get involved in service.

For an Orientation and/or more  
information, contact  
Debbie H.: 267-230-1385

215 NA Works  
(215-629-6757)  
[www.naworks.org](http://www.naworks.org)



## West South West Area Literature Review Subcommittee

**Living Clean: The Journey Continues**, our newly approved book-length piece of Fellowship-approved recovery literature, will be available in hard and softcover October 2012. Both will be sold for \$8.75. A limited numbered commemorative edition will be released in December priced at \$30.

We will have an (unenanced) electronic version of the Basic Text available by the end of September at a cost of \$8.90. Sponsorship and It Works are in the works for electronic publication. They will be available for sale on Amazon and the iTunes store with links on our website.

### Upcoming Projects:

**A Traditions Book plan** was approved for a two-cycle project. For the 2012-14 cycles, we will use technology to solicit input and ideas for this book to frame an approach for 2014.

Additionally, we will take the current service pamphlet, An Introduction to NA Meetings, and develop it into an IP which will be reviewed by the fellowship and included in the 2014 Conference Agenda Report.

### An Introduction to NA Meetings

This project will involve conducting a fellowship review-and-input period for the existing service pamphlet, making any necessary revisions, and then releasing an approval version with the 2014 Conference Agenda Report so that it can become an NA Fellowship-approved IP. We are aiming for a high level of participation from members and will be letting you know when the website is up for the Traditions Book and when the proposed SP revisions are ready for fellowship review.

### Please....Come out and get into Service

We meet the 3<sup>rd</sup> Saturday of each month before the WSW Area Service Committee meeting from 10:00 AM until 12:00 PM at Wayland Memorial Baptist Church, Corner of 52<sup>nd</sup> & Baltimore Avenue Philadelphia, PA 19143

**Yours in Service  
Yvonne M.**

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**CONGRATULATIONS TO  
MICHAEL T.  
OUR NEWLY ELECTED H & I CHAIR**

The WSW Area H&I is in dire need of support. Our H&I Sub-Committee is in dire need of Panel Coordinators and Panel Leaders to continue to fulfill our commitments at the facilities we serve.

**Panel Coordinator is one (1) year clean time; and the Panel Leader requirement is nine (9) months clean time; both positions require that you attend an H&I Sub-Committee Meeting or a Learning Day, have a NA Sponsor and a NA Home-Group.**

Sub-Committee meetings are held twice per month: 3<sup>rd</sup> Saturday of each month from 10 a.m. to 12 p.m., and the 1<sup>st</sup> Monday of each month 7:00 p.m. to 8:30 p.m. Meetings are held at the Recreation Center located 48<sup>th</sup> & Brown Streets. Come and join us and give back what was so freely given to you.

*Love & Respect,  
Michael T.*

*WSW Area Hospitals & Institutions Chair*

The WSW Area H&I Sub-Committee needs help from groups in the WSW Area. We are asking home-groups to donate pamphlets to help us to continue to "Carry The Message."

We need donations of the following pamphlets:

- Am I An Addict
- For The Newcomer
- Just For Today
- Welcome to N.A.
- Sponsorship
- For Those in Treatment
- Who,What, How & Why

Home group GSR's can bring all donated pamphlets to the Area Service Meeting and give to Inez our new H&I Chair

Thank you,  
WSW Area H&I Sub-Committee

**UNITY REPORT:**

The Area Unity Chair reported that the Area Celebration held on 8/4/12 was not only a success for the Fellowship, but for the community as a whole. The sub-committee extends a warm "Thank You" to our members for participation and support.

West South West Area Home-Group-Swap hosted by The WSW Area Unity Sub-Committee  
WSW Area Home-Group names were put into a hat and selected in order to gain some UNITY among the West Southwest Area Home-Groups, to learn new and different formats and just get to know old/new NA members. The Home-Group Swap will start in September, 2012 and the groups will swap Once a Month. The following groups will swap.

Home-Group	Swap	Home-Group
Why Are We Here		Part of the Healing Process
Surrender Around The Way		The Survival Group
Recovery on Haverford		Here's Hope
What Can I Do?		Serenity on 63 <sup>rd</sup> Street
Another Chance At Life		Message of Hope
On The Right Track		I Can't We Can
Shopping For Recovery		Gift of Surrender
Recovery on Girard		No More Misery
Time for Change		11 <sup>th</sup> Step and Then Some

**Is your home-group struggling?.....or  
Your home-group is in dire need of support?.....or  
Need a temporary location until your home-group finds a new home?....or  
Just interested in promoting Unity within our Area?  
Contact WSW Unity Subcommittee and see how they can help with a Home-Group Swap!**

**Contact Antonio C.: WSW Area Unity Chair  
267-577-1493 for more details.**





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## Invest in Our Vision

### Making Group Contributions...

...we repay NA not just by taking care of ourselves, but by making a way for the newcomer to find recovery.

GSRs: Suggest that your home-group purchase the Informational Pamphlets for more information on Funding NA Services and Money Matters concerning our fellowship – and read them...

**IP #24 –**

***Money Matters: Self-Support in NA***

**IP #28 –**

***Funding NA Services***

Financials: Has each of us ever considered what is meant by "support services"? We all go to meetings, and many of us have participated on H&I panels, noticed PSAs on television, and attended conventions. Now, what does it really take for every service to happen? Each of us has a responsibility to contribute, and to help other members learn how financial contributions help ensure that services continue to be provided around the world and in our backyards. Let us be inspired by our primary purpose and take action to financially contribute through our portal at [www.na.org/?ID=donation-external-index](http://www.na.org/?ID=donation-external-index).

NA WORLD SERVICES NEWS  
VOLUME 10 - ISSUE 1 – August 2012



### Contact Information for:

#### Philadelphia Region of NA

Greater Philadelphia Region of NA and the Greater Philadelphia Regional Service Office (a.k.a. GPRSONA):

#### Mail Address:

7215-A Rising Sun Avenue, Phila., PA  
RSO Phone or Fax:

Phone: 215-745-9494

Fax: 215-745-9495

#### In Person:

##### RSO Office Hours

Tues.: 5:30 p.m. to 8:30 p.m.

Thursday: 5:30 p.m. to 8:30 p.m.

Every Saturday: 9:00 a.m. to 5:00 p.m.

#### By e-mail:

The Regional Service Office has a new e-mail address. Contact us at:

[gprso@verizon.net](mailto:gprso@verizon.net)

#### HOT LINE!

In Philadelphia (215) NA WORKS or  
(215)440-8400

### Checkout our New Website at

[www.naphilly.org](http://www.naphilly.org).

For updates and removal of outdated information send e-mail to:

[webmaster@naphilly.org](mailto:webmaster@naphilly.org)





# "TOGETHER WE CAN"

The Clean-Sheet & Newsletter of The WSW Area of Greater Philadelphia Region of Narcotics Anonymous  
September 15, 2012 – October 20, 2012

Together We Can Cleansheet/Newsletter

presents

## "The History of WSW Area Home-Groups"

*It is the hopes of this Newsletter that as we come to know the blood, sweat and tears that has gone into opening so many doors in our Area that we will gain a new appreciation and gratitude for the gift of recovery that flows amongst us. Also it is hoped that these features will stir our spirit of unity, and stimulate support and respect for each other as individuals and as groups in a World Wide Fellowship. Our meetings are where recovery takes place. This month's featured home-group is:*

## "Freedom With No Limits"

Group of Narcotics Anonymous

12/01/2010

A recovering addict that was residing in a Recovery house in this community wanted the opportunity to be able to attend more Narcotics Anonymous meetings and thought that it would benefit numerous recovery programs in the community to have a Narcotics Anonymous meeting in this community. This would afford him the opportunity to attend more meetings as well as the other members would benefit also. This recovering addict discussed the need for a meeting in the area with two experienced recovering addicts. The three recovering addicts thought that it would be a great idea if another Narcotics Anonymous meeting could be started to meet the needs of the numerous recovery programs in the vicinity. There were plenty of drug houses and drug corners available to meet the need of the using addict, but not a meeting close by to meet the needs of the recovering addict and the many addicts that had a desire to stop using. The three recovering addicts went to the facility on the corner of 42<sup>nd</sup> and Girard Avenue, and asked about holding a NA meeting in their facility. This facility agreed after meeting with the West Southwest Area Public Relations committee of Narcotics Anonymous. The First African Presbyterian Church agreed to allow two meetings a week to be held in their facility on Tuesday and Thursday from 6pm – 7:30pm.

The first meeting was held on December 1, 2010 at 6pm, with five home group members in attendance; numerous recovering and using addicts from the community had found a new home. Our Message is that "an addict, any addict can lose the desire to use, find a new way to live; our message is hope and a promise of freedom from active addiction". The broader the base, the higher the point of freedom, one day at a time.



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## **"The History of WSW Area Home-Groups" ....continued**

*It is the hopes of this Newsletter that as we come to know the blood, sweat and tears that has gone into opening so many doors in our Area that we will gain a new appreciation and gratitude for the gift of recovery that flows amongst us. Also it is hoped that these features will stir our spirit of unity, and stimulate support and respect for each other as individuals and as groups in a World Wide Fellowship. Our meetings are where recovery takes place. Our other featured home-group is:*

## **"Recovery In The Park"**

**Group of NA**

**08/14/1984**

One Thursday 28 years ago an NA meeting was started at the Parkside-Evans Recreation Center located at 53<sup>rd</sup> and Parkside Ave. The meeting started at 7:00 pm. With the help of committed and passionate home group members the group began to grow as we continued to carry the message of recovery. Soon a second meeting was added on Sundays at 2:00 p.m. We met and fellowshiped for an amazing 24 years. However, in 2007 the city was in an economic crisis and budget cuts were inevitable. They could no longer afford to heat the facility through the winter months. In addition, the water services would be discontinued rendering the bathrooms useless. We were truly grateful to find a new home here at St. Barbara's Church.

Although we only meet once a week, and we are not as crowded as we used to be, we continue to keep the doors open for any addict, any addict who wants to stop using drugs, lose the desire to use, and find a new way of life. We are all visions of hope. We are examples of the program working. The joy that we find living clean is an attraction to the addict who still suffers. (Basic Text page 83)



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## A MEMBER SHARES...From Russia...with Love

On 8/23/12, an email was received by me containing the following message from one of our fellow members. He wrote:

Hello Theresa! Hope this find's you well. I just returned from an 8 day trip to Russia, where I was humbled to be one of the speaker's at the European Convention. It was the first time it was held in Russia, and as a matter of fact, Russia has never had anything of this significance.

Excluding about a dozen from America, it was mostly member's from Russia and Eastern Bloc European nations (Elarus, Croatia, Georgia, Maldovia, Ukrane, Poland, etc.), a few from Japan and quite a few from Western Europe came also. I have no words, except to say a few things: the average age of the recovering addict is about 26 years old, and the average clean-time is 5 years. Their efficiency, organization, passion, and dedication to NA and NA Service were absolutely astounding to say the least. Moscow is,...well, ...even more of what Barcelona was like (buildings, art, history). It is overwhelming to see and I hope you do someday. It was however a grueling trip dealing with visa, paperwork, etc. all needed to travel. They were not able to pay expenses for their speakers, so me and all of the speakers paid their way, including registration.

One member said it is about equality in NA. Communism ended there 21 years ago, and they are only in the last 10 years exploding in technology, education, jobs, freedom and positive growth. They were oppressed for some 75 years under a dictatorship, although the original Marxism was a pretty good idea-sharing and equality. I learned a lot about their history. They were so used to being told what to do, this is amazing for them. There is still some very strict police and laws, and some censorship.

Russia is as wide as 3 USA's, and they have meetings in several very remote cities. The world never knew just how self-sufficient, loving, kind, proud, and cultured they are there. It seems as all the men are handsome, and all the women pretty. Hardly any of the women wore casual clothes at the Convention, mostly business casual, or dresses. There were many interesting things, like they have these Chinese tea "NA tailgater's" after meetings. They open their trunks and have these little stoves and teapots, and make the tea and Fellowship. In the Convention parking lot it was every car, after the last meetings! I stayed with a couple in their home, which was so beautiful. There were many Service meetings with the Delegates from all the countries, as well as 15 speaker meetings. I met so many beautiful people. I also gave out pictures of Jimmy K., and had a small portion of my history items, which they were sooo amazed and thankful to see. When it was time for me to depart, a few carloads of members accompanied me to the airport and sent me off, everyone was crying, most of all me. "Please Joe...don't go...we need you", they cried. Can you imagine? I have not cried so hard in years, as when I said goodbye to NA Russia.

Yes, it has been an amazing year of NA for me, since last August to now. I can never repay Narcotics Anonymous, but I will never stop trying until my last breath.

Hugs and Blessings,  
"Indiana Joe"

Peace, Love and Understanding Home-Group of NA  
Pacific Cascade Region USA



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## **How It Works ~ Step Meeting**

07-23-12

Lee Recreation Center ~ 4328 Haverford Avenue ~ Philadelphia, PA  
(Driveway between the health center & the basketball courts)

Recovery Meeting: 6:15 p.m. to 7:30 p.m.

**(Please do not enter the BUILDING before 6:10 pm)**

### **July 2012 ~ "How It Works ~ Step Meeting" ~ Report to W.S.W. Area Service Committee**

**Tradition Four states, "the autonomy of our groups is necessary for our survival...undertaken or carried on without outside control. This means our groups are self-governing...every group has had to stand and grow on its own.**

We prayed for a Monday meeting location that would not interfere with other N.A. meeting times, locations, and formats. The first acceptable response was the Lee Recreation Center. Although we are a meeting and not a group we invited a P.R. presentation. The center representative confirmed he's seen N.A. in action because of the meeting at 48<sup>th</sup> and Brown Streets in Philadelphia. We thank the Part of the Healing Process Group of N.A. for conducting themselves in a way that is attractive to society. It made our presentation go even more smoothly!

We obtained and adapted the 12-Step history, writing, reading, meditation closed meeting format and/or concept from the following N.A. Groups: the Steps and Meditation Group of N.A. at 243 N. Lawrence St, Philadelphia and the 11<sup>th</sup> Step and Then Some Group of N.A. on St. Joseph's Campus who support the step writing, meditation, and reading concept; A Different Look Group of N.A. at Longshore and Bingham in Northeast Philadelphia and the Historical Perspective Group of N.A. in Allentown, PA for sharing the intention of the members when adapting the A.A. literature to N.A. literature; to the 38<sup>th</sup> & Chestnut Streets Group of N.A. for supporting the closed step meeting format for decades; the Recovery in the Park Group of N.A. in Detroit that regularly support the Round Robin style of sharing, and finally the Friday night N.A. meeting in the late 1980s at St Mark's Church in the East Village, N.Y. There is where members thought enough of members to assure everyone got a chance to share by using the Round Robin format. We are grateful to be a part of what they all do: Attract addicts with the 5<sup>th</sup> Tradition!

We communicated with the New Beginnings Group of N.A. at 2601 Jackson Street, Philadelphia about their success of using the one-third concept for the 7<sup>th</sup> Tradition. They were recognized by the World Service Board for being the only group in N.A. that uses the concept. Our meeting will follow that concept. Although we are a meeting and will not be covered by N.A. insurance because we are not in the Greater Philadelphia Regional Meeting List, after paying rent we will help our service structure. Another third will be used for literature purchase and duplication, and the final one third will be for supplies.

**How It Works ~ Step Meeting Purpose:** The closed meeting supports the Addict's environment for writing, reading, meditation, and sharing and by doing so, carry the message of recovery to the addict that still suffers. (Tradition Five)

N.A. suggests that we keep an open mind and give ourselves a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. (What is the N.A. Program?) All are welcome!

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## Don't Worry ~ Be Happy

Below are a few more tips, things which, if you give up on them, will make your life a lot easier and much, much happier. We hold on to so many things that cause us a great deal of pain, stress and suffering – and instead of letting them all go, instead of allowing ourselves to be stress free and happy – we cling to them. Not anymore. Starting today we will give up on some of those things that no longer serve us, and we will embrace change. Ready? Here we go...

### 1. GIVE UP THE PAST

I know, I know. It's hard. Stop deluding yourself. Be present in everything you do and enjoy life. After all, life is a journey not a destination. Have a clear vision for the future, prepare yourself, but always be present in the now.

### 2. GIVE UP LIVING YOUR LIFE TO OTHER PEOPLE'S EXPECTATIONS

Stop living your life according to what others think is best for you. Stop ignoring your inner voice, that inner calling. Find out what makes you happy, what you want, what you need, don't forget about yourself. You have one life – this one right now – you must live it, own it, and especially don't let other people's opinions distract you from your path.

And finally,

3. Give up the doubt that God doesn't know all, and is always there for you with unconditional Understanding, Love, and Grace!



• "Together We Can"  
Clean-Sheet/Newsletter  
is in need of  
New Material... New Ideas...  
and  
New Members willing to serve!!

Please get involved by sharing your personal recovery stories, your thoughts on a topic, your poems, creative writing, or any information that would be helpful or entertaining to an addict seeking recovery.

**Working on the Clean-Sheet/Newsletter is an excellent way to be in Service. Come to the next Joint Administrative Committee (JAC) meeting on the 3<sup>rd</sup> Saturday of the month from 12:00 noon to 1:00 p.m. at Wayland Memorial Baptist Church, 52<sup>nd</sup> & Baltimore Avenue, Philadelphia, PA to see how you can help.**

**YOUR INPUT IS NEEDED TO  
HELP KEEP THIS  
PUBLICATION FRESH AND  
ALIVE!**

Contact: Theresa T.  
"Together We Can"  
Clean-Sheet/Newsletter Rep.  
[ttovercomer@verizon.net](mailto:ttovercomer@verizon.net)





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## Greater Philadelphia Regional Service Committee 2012 Meeting Schedule

<i>Day(s) &amp; Date(s)</i>		<i>Time Needed</i>
Saturday	Oct. 6, 2012	10:00am – 5:00pm
Sunday	Oct. 7, 2012	10:00am – 5:00pm
Saturday	Nov. 3, 2012	10:00am – 6:00pm
Saturday	Dec. 1, 2012	10:00am – 5:00pm
Sunday	Dec. 2, 2012	10:00am – 5:00pm
<b>Saturday</b>	<b>Jan. 5, 2013</b>	<b>10:00am – 6:00pm</b>

	Auditorium			Conference Rm Auditorium	Conference Rm A Cafeteria
10am-11am		Meeting List	H & I		GPCNA Subcommittees
11am-12pm	Phone Line				
12pm-1pm	Unity	ABC	Policy		GPCNA
1pm-2pm		Administrative	Literature Review	Public Relations & Web Master	
2pm-3pm	2pm-4pm Phoneline Presentations	Clean Sheet			
3pm-5pm	Joint Administrative Committee (JAC) ONLY ON: February, April, June, August, October, December				

<b>Roxborough Memorial Hospital</b> <b>5800 Ridge Avenue</b> <b>Philadelphia, PA 19128</b>	
<b>Saturday, October 6, 2012</b> 10:00am – 5:00pm <b>RSC Subcommittees</b>	<b>Sunday, October 7, 2012</b> 10:00am – 5:00pm <b>RSC Meeting</b>

**Please note: GPRS, Inc. Board of Directors voted to meet each odd month.**  
**BOD Meetings will be held at 3pm in the Cafeteria Conference Room A.**



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## NA PHONE MEETING SCHEDULES (Eastern Time Zone) August, 2012

### SUNDAY

11:00am - 12:30pm  
**RECOVERY CONTINUES**  
(619) 326-2750 3980743#

5:00pm - 6:30pm  
**WE RETURN FROM HOME**  
(415) 464-6800 2221085#

7:00pm - 8:30pm  
**RECOVERY ON THE GO**  
(619) 326-2750 4829467#  
\*\*\*\*\*

### MONDAY

7:30am-8:30am  
**WHAT A WAY TO START A DAY!**  
(712) 432-0075 299757#

12:00pm - 1:30pm  
**RECOVERY AT NOON**  
(605) 475-6720 6213845#

7:00-8:30pm  
**RECOVERY CONTINUES**  
(619) 326-2750 3980743#

9:00pm-10:30pm  
**HISTORICAL SIGNIFICANCE**  
(805) 399-1200 108786#  
\*\*\*\*\*

### TUESDAY

7:30am-8:30am **WHAT A WAY TO START A DAY!** (712) 432-0075 299757#

1:00pm-2:30pm  
**WE RETURN FROM HOME**  
(415) 464-6800 2221085#

7:00pm - 8:30pm **RECOVERY ON THE GO**  
(619) 326-2750 4829467#  
\*\*\*\*\*

### WEDNESDAY

7:30am-8:30am  
**WHAT A WAY TO START A DAY!**  
(712) 432-0075 299757#

12:00pm - 1:30pm  
**RECOVERY AT NOON**  
(605) 475-6720 6213845#

7:00pm - 8:30pm  
**RECOVERY ON THE GO**  
(619) 326-2750 4829467#

### THURSDAY

7:30am-8:30am  
**WHAT A WAY TO START A DAY!**  
(712) 432-0075 299757#

3:00 - 4:30pm  
**RECOVERY CONTINUES**  
(619) 326-2750 3980743#

7:00pm - 8:30pm  
**WOMEN DO RECOVER**  
(605) 475-6720 4201159#

9:00pm-10:30pm  
**EACH ONE TEACH ONE**  
(805) 399-1200 794151#  
\*\*\*\*\*

### Friday

7:30am-8:30am  
**WHAT A WAY TO START A DAY!**  
(712) 432-0075 299757#

12:00pm - 1:30pm **RECOVERY AT NOON**  
(605) 475-6720 6213845#

7:00pm - 8:30pm  
**RECOVERY ON THE GO**  
(619) 326-2750 4829467#  
\*\*\*\*\*

**SATURDAY**  
12:00pm - 1:30pm  
**RECOVERY AT NOON**  
(605) 475-6720 6213845#

8:00pm -9:30pm  
**RECOVERY CONTINUES**  
(619) 326-2750 3980743#

"Many recovering addicts do not have access to regular meetings because of incarceration, geography, physical disability, or employment. These addicts are members in every respect as long as they have the desire to stop using, and they are entitled to the same consideration and support as any other member."

— from Tradition Three

### What are phone meetings?

NA Phone Meetings are not meant to be a replacement for face to face meetings. NA Phone Meetings are individual groups that hold their own group consciences and have trusted servants; each group is self -supporting, declining outside contributions and are autonomous, following all of the Twelve Traditions of NA. If you are interested in going to meetings with people from around the world please feel free to join us. We are recovering addicts who meet regularly to help each other stay clean.

**PLEASE ATTEND  
FACE TO FACE  
MEETINGS  
WHENEVER  
POSSIBLE.**



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## OFFICIAL GPRNA EVENTS

To submit NA events, email information to [NAevents@aol.com](mailto:NAevents@aol.com)  
or call Regina: 267-253-2254 or Dennis: 215-913-0032

Day/date: Every Saturday in September, 2012  
Time: 8:30 PM  
EVENT: **DANCE / FUNDRAISER**  
Host: ICACNA III  
Facility: Cardinal Bevilacqua Community Center  
Address: Philadelphia, PA  
Information: Air Conditioned

Day/date: Saturday, September 15, 2012  
Time: 12:00 PM – 8:00 PM  
EVENT: **SPEAKER JAM / FUNDRAISER**  
Host: ICACNA III  
Facility: Cardinal Bevilacqua Community Center  
Address: 2646 Kensington Ave, (Lower Northeast)  
Information: Air Conditioned \* Convention Registration \$15 until Convention

Day/date: Monday, September 17, 2012  
Time: 7:00 PM - 9:00 PM (6:30 pm doors open)  
EVENT: **23<sup>RD</sup> ANNIVERSARY CELEBRATION**  
Host: Clean On Green Group of NA  
Facility: St. Francis Xavier Church (basement entrance on 24th St)  
Address: 24th & Green St, (North) Philadelphia, PA

Day/date: Saturday, September 22, 2012  
Time: 12:00 PM - 9:00 PM  
EVENT: **21<sup>ST</sup> YEAR ANNIVERSARY**  
Host: Message of Hope Group of NA  
Facility: Belmont Rehab / Silberman Auditorium  
Address: Ford & Monument Rd, Philadelphia,  
Information: "How Grateful Are You?"

Day/date: Saturday, September 22, 2012  
Time: 9:00 PM  
EVENT: **UNITY BOWLING NIGHT**  
Host: Philadelphia Area of NA  
Facility: Thunderbird Lanes  
Address: 3081 Holme Ave, (Northeast) Philadelphia  
Phone: Mark: 267 463 7292  
Information: Lanes will form promptly at 9:00 pm

Day/date: Monday, September 24, 2012  
Time: 7:00 PM (doors open at 5:30 PM)  
EVENT: **19<sup>TH</sup> YEAR HOMEGROUP ANNIVERSARY / "WE DO RECOVER"**  
Host: Armed For Recovery Group of NA  
Facility: 12<sup>th</sup> & Cambria Street Recreation Center  
Address: 2901 N. 12<sup>th</sup> Street, (North) Philadelphia Pa  
Information: Food \* Fun \* Fellowship

Day/date: Saturday, September 29, 2012  
Time: 12:00 PM - 6:00 PM  
EVENT: **REGIONAL PUBLIC RELATIONS LEARNING DAY / MARATHON**  
Host: GPRNA Public Relations Subcommittee  
Facility: Llanerch Hills Chapel  
Address: 1216 Myrtlewood Ave, Drexel Hill, PA  
Information: Phoneline Orientation will be held \* Contact Debbie: 484 995 7415

### OCTOBER

Day/date: Thursday, October 4, 2012  
Time: 7:00 PM (doors open at 6:30 PM)  
EVENT: **28<sup>TH</sup> YEAR ANNIVERSARY**  
Host: Recovery In The Park Group of NA  
Facility: St. Barnabas Church  
Address: 54th & Lebanon St, (West/Southwest) Philadelphia, PA  
Information: "A Spiritual Journey"